

April 2016


# Shopper – Aide News




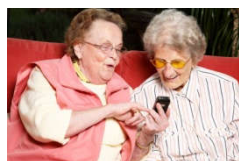
We are a limited company set-up in April 2011 as a charity called Shopper – Aide.

Our aim is to support older people (over 60 years) to live independently at home by providing a service:

## Our Services

 Using Volunteers we will do your shopping and deliver to your door.

cupboard  Extra help e.g. change your bed, tidy a or a little weeding as well as a lift to an appointment, bank or hairdresser.



Getting out and about we have Elderberries on a Tuesday and Thursday (12 noon to 4pm in the free Church Hall George Street Campbeltown) .

For Gentlemen we have Clachan Old Pals on a Friday afternoon and Southend coming soon.

## Here we are



23 Longrow,  
Campbeltown,  
PA28 6ER  
01586 551600

We are open  
Monday to Friday  
from 9am - 4pm  
each day

We sell Bellochantuy  
eggs.



and  
Second hand books.



Please call in to meet us.

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## 5 Years old in April



See inside for details

### Age Scotland Awards



On Wednesday 16th March Susan Paterson and Joan Stewart (Project Manager) collected the Age Scotland Award for Services for Older for Older People in Perth at the Age Scotland Conference.

The film, made in January was shown to the 350 delegates before we collected the award from Eddi Reader which showed staff and volunteers at work and had an interview with Susan Paterson (Director) and Isa Moore (Client).

This is the third award in a year that Shopper-Aide has received for their work in helping older people in Kintyre. Last March we won the ABSEN award for Social Enterprise of the year and in November we were awarded the Herald Society Award for Older People's Project of the Year.

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## Birthday News

Our 5th Birthday takes place this month. Shopper-Aide became a limited company on 8th April 2011 and a Charity on 27th April 2011.

We are therefore celebrating this momentous occasion with a 'do' at the Elderberries club on 28th April for members, volunteers and staff.

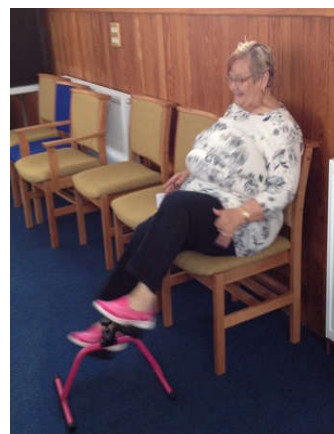
Some of the Elderberries members have been preparing invites and decorations for our window display and for the event.

### Elderberries

We have received funding for a further year to carry on with the group which is held on a Tuesday and Thursday in the Free Church, George St.



Thanks to Flo Edwards and Audrey Jopson who pedal cycled from Campbeltown to Tarbert and with the proceeds there is a trip out planned for afternoon tea



The clubs have a mix of activities for people to choose from such as Tai Chi, nail care, knitting, arts and crafts, a walking group, a lot of chat with tea and coffee. There are visits from different organisations with information for older people and entertainment sessions.

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## Good 'Eggs'

Campbeltown Co-op nominated our charity as a 'Good Egg' for their Easter campaign 2016. Here we have Joan with just some of the goodies which were given to the volunteers.

## Information about others

There are many clubs, contacts and organisations in Kintyre and we will highlight some each newsletter. If you are part of an organisation and wish to be included please call 01586 551600 or call in to Shopper-Aide, 23 Longrow, Campbeltown PA28 6ER (next to the Clydesdale Bank).

**Monday** - Monday Social Club - Guide Hall, Kinloch Rd 2.00pm

**Tuesday** - 60+ Art Club Kintyre Network Centre Hazelburn 10am

**Wednesday** - Water of Life Cafe Free Church George St. 2.00pm

**Friday** - **Old Pals (Clachan)** for men

## Meals on Wheels

During school term time you can receive a hot meal delivered to your house.

If interested please call **01546 605517** for further information.

## Keyring Torches



Shopper-Aide received useful keyring torches from the **Crime Prevention Panel** to distribute to their clients. These are handy if you are out and come home in the dark to help you see to open your door. Also handy if you need extra light any time.