

**Shopper-Aide's volunteers  
provide an essential  
*shopping and delivery  
service***



**Our volunteers assist  
Kintyre's older people (over  
60's) to remain independent  
in their own homes and feel  
more connected within the  
local community.**

**All our volunteers are  
registered with the PVG  
(Protecting vulnerable  
groups) scheme to ensure  
the safety of our clients.**

**Shopper-Aide is a charity and  
limited company, established  
in April 2011, set up to provide  
a service which will benefit  
older people in Kintyre.**

**Our Aim is to support older  
people to live independently at  
home by providing a service:**

- **Shopping for their weekly  
grocery needs**
- **Doing jobs around the  
house**
- **Address the growing  
isolation that comes with  
weakening health.**

**Shopper-Aide Ltd**

**23 Longrow**

**Campbeltown**

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## ***Volunteer Opportunities***

- ***Social care  
experience***
- ***Community Work***
- ***IT skills***
- ***Team Work***
- ***Delivery Driver***



**LOTTERY FUNDED**

## **Volunteering for just**

### **One hour a week**

**Is a great way to make a real difference to our local community.**

**We need volunteers to:**

- **Shopping**
- **Delivering**
- **Befriending**
- **I.T. and Administration**
- **Marketing**
- **Fundraising**
- **Accounting**
- **Company Directors**
- **Web design**
- **Social media updates**

**Plus any other relevant skill you may have that would help to advance our project.**

## **Be-A-Friend**



**We also are looking for volunteers to visit our older people who are at home and rarely see anyone.**

**Could you take someone out to the hairdresser, go for a coffee or to meet up with a friend?**

**Scottish Charity No.  
SC042272**

**Company No. SC397358**

## **Extra help**



**Our volunteers help with the tasks that older people can find difficult to do such as:**

- **Defrosting the fridge**
- **Tidying a cupboard**
- **Changing the bed**
- **A bit of ironing**
- **Cleaning the windows inside**
- **Posting a letter**